

## CUSTOM FOOT ORTHOTICS POLICY

**What is Orthotics?** Orthotics are precision balanced inlays worn in shoes to allow the feet and lower extremities to function properly. They are designed to fit your feet and help to restore normal biomechanical function of the lower extremities. The doctor will prescribe the orthotics that are correct for your specific problem. A casting or scanning of the feet are made, and then sent to a laboratory for the production according to the doctor's detailed prescription. It usually takes 3-5 weeks for the orthotics to come back from the lab.

**Why do I need orthotics?** Prescription orthotics are a proven medical treatment for many conditions affecting the foot and leg and gait (ability to walk). Orthotics are a cost effective treatment to correct abnormal forces that cause pain and deformities. The use of orthotics can eliminate the need for long-term drug therapy, physical therapy, or surgical correction. Orthotics realign the structures of the foot & leg to prevent bone dislocation as well as muscle, tendon and ligament fatigue. They are often used after surgery to help stop the recurrence of foot deformities. The orthotics need to be worn in adequate footwear, athletic shoes, some dress shoes or work boots.

**How long will orthotics last?** Most orthotics last 3-7 years; depending upon your activities; It takes time for your body to adapt to these changes and mild aches or discomfort may occur initially in your feet, ankles, legs, hips or back. It is important to follow the break-in period instructions.

**Insurance:** If you want to check with your insurance to see if the **Custom Molded Orthotics** is a covered benefit, which may be subject to deductibles; you will need to call the phone number on your insurance card and give them the following information:

CPT code: L3000 "Custom Molded Orthotics, not attached to a shoe". Cost is \$400.00.

*Due to inconsistent responses from insurances, we ask that you personally call and get the information first hand.*

DX \_\_\_\_\_ DX \_\_\_\_\_ DX \_\_\_\_\_ DX \_\_\_\_\_

**You will be responsible for any balance that your insurance does not pay. \_\_\_\_ Initial**

**Custom Orthotics (L3000) is not a covered benefit of Medicare.**

**A precertification is required for Workers Compensation Insurance or Veterans Insurances.**

**We require a \$200.00 deposit at the time of casting.** Any credit from the deposit will be applied to open charges that are patient responsibility with the remaining balance refunded to the patient if requested. The balance of the orthotics is due when dispensed unless you have received verification of coverage from your insurance carrier. For your convenience we accept VISA, MasterCard, American Express, Care Credit, checks and cash.

There is an office visit charge that will be billed to your insurance when the orthotics are dispensed.

This visit allows the doctor to check the fit of the orthotics to your foot and educate you about the care and break-in period.

*By my signature below I acknowledge receiving a copy of the orthotics policy.*

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

REV 12/16